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WHAT'S THE CHANCE YOU WILL DOZE OFF IN THE FOLLOWING SITUATIONS?

Sitting and Reading

- 0 - 0 - **No Chance of Dozing**
- 0 - 1 - **Slight Chance of Dozing**
- 0 - 2 - **Moderate Chance of Dozing**
- 0 - 3 - **High Chance of Dozing**

Watching TV

- 0 - 0 - **No Chance of Dozing**
- 0 - 1 - **Slight Chance of Dozing**
- 0 - 2 - **Moderate Chance of Dozing**
- 0 - 3 - **High Chance of Dozing**

Sitting inactive in a public place, such as
A theater or a meeting

- 0 - 0 - **No Chance of Dozing**
- 0 - 1 - **Slight Chance of Dozing**
- 0 - 2 - **Moderate Chance of Dozing**
- 0 - 3 - **High Chance of Dozing**

As a passenger in a car for an hour
With out a break

- 0 - 0 - **No chance of Dozing**
- 0 - 1 - **Slight Chance of Dozing**
- 0 - 2 - **Moderate Chance of Dozing**
- 0 - 3 - **High Chance of Dozing**

Lying down to rest in the afternoon when
Circumstances permit

- 0 - 0 - **No Chance of Dozing**
- 0 - 1 - **Slight Chance of Dozing**
- 0 - 2 - **Moderate Chance of Dozing**
- 0 - 3 - **High Chance of Dozing**

Sitting and talking to someone

- 0 - 0 - **No Chance of Dozing**
- 0 - 1 - **Slight Chance of Dozing**
- 0 - 2 - **Moderate Chance of Dozing**
- 0 - 3 - **High Chance of Dozing**

Sitting quietly after lunch without alcohol

- 0 - 0 - **No Chance of Dozing**
- 0 - 1 - **Slight Chance of Dozing**
- 0 - 2 - **Moderate Chance of Dozing**
- 0 - 3 - **High Chance of Dozing**

In a car, while stopped for a few
minutes in traffic

- 0 - 0 - **No Chance of Dozing**
- 0 - 1 - **Slight Chance of Dozing**
- 0 - 2 - **Moderate Chance of Dozing**
- 0 - 3 - **High Chance of Dozing**

**ADD YOUR SCORES
TO GET TOTAL: _____**